

Endoscopy Information

IF YOU ARE USING WEIGHT LOSS INJECTABLES:

PATIENTS USING WEIGHT LOSS INJECTABLES MUST STOP 8 DAYS PRIOR TO PROCEDURE.

THE DAY BEFORE THE PROCEDURE, YOU MUST HAVE A CLEAR LIQUID DIET ONLY! NO SOLID FOOD ALLOWED.

Date of Procedure:

Time of Procedure:

Arrival Time:

You must arrive at Carnegie Hill Endoscopy **one (1) hour prior to your scheduled procedure start time.**

Carnegie Hill Endoscopy is located at:

1516 Lexington Avenue (between 97th and 98th Streets) Ph: [212.860.6300](tel:212.860.6300)

For extensive further information please visit the website: www.carnegiehillendo.com

ENDOSCOPY PREPARATION

Do NOT eat or drink anything after midnight (12:00AM) the day of your procedure unless you are specifically told otherwise by your physician.

If you have an afternoon appointment, clear liquid breakfast is allowed no later than **7am.**

(chicken broth, ginger ale, sprite, apple juice, white cranberry juice)

(Ensure your instructions are **followed correctly** otherwise you may have to be rescheduled for a repeat exam)

Additional Information

If you have questions, please feel free to contact your physician directly by email:

Dr. Saha – drsaha@sahamedical.com

CANCELLATIONS MUST BE MADE AT LEAST 48 BUSINESS HOURS BEFORE YOUR PROCEDURE OR A CANCELLATION FEE OF \$100.00 WILL BE CHARGED.

v The anesthesia fee is usually covered by your insurance. Some plans do not cover the anesthesia fee. The anesthesiologist will bill your plan however if it is not covered you will be responsible for the fee. (Feel free to call [212.860.6300](tel:212.860.6300) if you have any questions)

v If you take medications for high blood pressure or heart disease be certain to take them with a sip of water the day before your colonoscopy. This does not include blood thinners.

v If you use an inhaler for the treatment of asthma or breathing problems be sure to use them the morning of the procedure and take them with you to Carnegie Hill Endoscopy.

v If you are taking medications such as Ozempic, Wegovy, Mounjaro, Coumadin, Plavix, aspirin, Xarelto, Eliquis or Ticlid, etc be sure to notify your physician since you may be asked to stop it prior to your colonoscopy.

v Do not take any iron supplement for 7 days prior to your colonoscopy.

v You must have somebody accompany you to and from Carnegie Hill Endoscopy. You cannot use public transportation. We highly recommend that you have someone with you for 24 hours after your procedure.